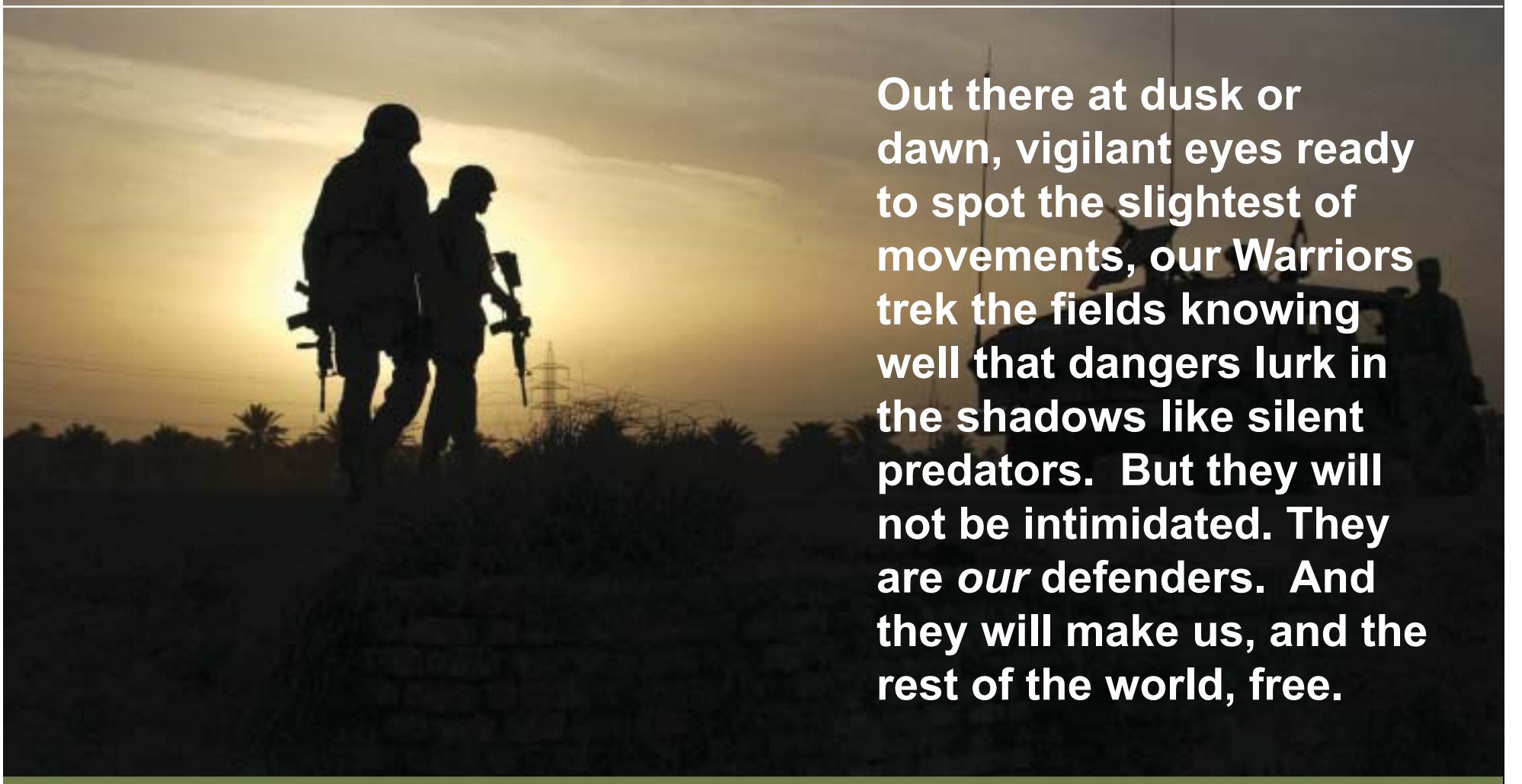
EL MORRO

Vol. 40 No. 7 Fort Buchanan, Puerto Rico April 2005



Out there at dusk or dawn, vigilant eyes ready to spot the slightest of movements, our Warriors trek the fields knowing well that dangers lurk in the shadows like silent predators. But they will not be intimidated. They are *our* defenders. And they will make us, and the rest of the world, free.

Armed Forces Day 2005: a time to honor our troops

Honors

Sgt. 1st Class Paul R. Smith was the first Soldier to receive the Congressional Medal of Honor for actions in support of Operation Iraqi Freedom. See stories, page 7.

Pilgrimage

Buchanan Commander, Col. Stephen Ackman, took time off from a busy DC schedule to visit the tomb of his predecessor, Brig. Gen. James A. Buchanan at Arlington cemetery. See more Buchanan-related stories on pages 15-16.

From the Commander:

Welcome to a new neighbor

We have a new neighbor on post. It is my pleasure to take this opportunity to welcome the men and women of Naval Reserve Center Puerto Rico to the Fort Buchanan Community. We are pleased you are here, and look forward to a long association.

El Morro

Most, if not all, must be wondering where El Morro has been. It makes its appearance again after a hiatus since November. The absence of El Morro is an artifact of the sparse budget situation in the second quarter of fiscal year 2005. Installations across the Army were forced to cut back on spending. Fort Buchanan was better off than most so we were not placed in the position of cutting essential services to make the "must fund" portion of our budget.

Many of our sister installations did face this prospect. As the Army leadership began to realize the situation they directed installations be funded at 90% of required base operations dollars and 90% of sustainment, revitalization and modernization funds. That discussion is boring to most people; what is important to know is the funding situation for Fort Buchanan should be much better in the fourth quarter.

BRAC!

Everyone is wondering about BRAC; that includes me. As of this writing I have no knowledge or even rumors about the impact on Buchanan. I do know the Army intends to use BRAC to shape itself for the challenges of our current environment. This includes the Army Reserve. While I don't know about BRAC I do know that the Army Reserve through South East Regional Office of the Installation Management Agency has directed our development of and we are working the development of an island-wide garrison to support Army Reserve activities on the island of Puerto Rico.

As the 65th Regional Readiness Command changes to meet the requirements of an expeditionary Army the Garrison will be there to support them. The island-wide garrison implementation plan also requires the Garrison to support the needs of the Puerto Rico National Guard as requested as well as other armed services and other federal agencies. So, while I don't know about BRAC I do know there is plenty of work to be done.

ICE

I also would like to direct El Morro readers to the Fort Buchanan website and the link to ICE. This stands for interactive customer evaluation. This link is your opportunity to give positive or negative feedback concerning any aspect of operation of the Garrison. We encourage you to do so. You the user are our best path to improving as you point out where and how we can improve to serve you.

Hope for a safe return

As always keep in mind our deployed soldiers, sailors, airmen and marines and pray for their safe and timely return to their families and us. Say a special prayer or meditation for the family of SGT Matt Maupin, an Army Reserve soldier who is still identified as captured. His family has endured a year of uncertainty. Let us hope and pray for his return.

From the Command Sergeant Major:

Because of our values, Soldiers should definitely be supportive of all good causes. We should also have strong religious convictions and act according to our beliefs. This strenghthens our spirit, contributing to a stronger warrior ethos.

However, there are some limits to our expressing in public our backing of causes or the tenets of our faith. The Army as an institution should not be identified with any of them, and to the public, you are the Army.

This is very clear to us as it regards political parties or movements. It's not that clear, however, when it comes to other types of campaigns or institutions.

I've been noticing a growing trend for Soldiers to wear the colored bracelets identifying various very laudable movements: pro cancer prevention, against child or spouse abuse, saying no to drugs, etc. I've also been seeing Soldiers wear heavy gold chains with large religious medals or symbols.

I would like to remind you that AR 670-1 is the standard for all Soldiers. We should all work together, first to self-enforce it, and then to make on-the-spot corrections every time we notice a violation.

As a refresher, let me quote some items from the regulation:

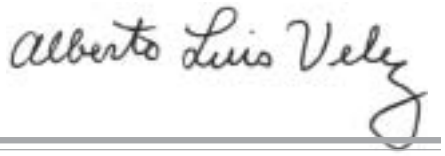
"Except as noted below, personnel may not wear religious items if they do not meet the standards of this regulation, and requests for accommodation will not be entertained.

(a) Soldiers may wear religious apparel, articles, or jewelry with the uniform, to include the physical fitness uniform, if they are neat, conservative, and discreet. For example, a religious item worn on a chain may not be visible when worn with the utility, service, dress, or mess uniforms. When worn with the physical fitness uniform, the item should be no more visible than identification (ID) tags would be in the same uniform. The width of chains worn with religious items should be approximately the same size as the width of the ID tag chain.

(b) Soldiers may not wear these items when doing so would interfere with the performance of their duties or present a safety concern. ... ...

"Any jewelry soldiers wear must be conservative and in good taste. Identification bracelets are limited to medical alert bracelets and MIA/POW identification bracelets. Soldiers may wear only one item on each wrist."

These are just a couple of the items you will find in the AR. I advise that you review the regulation frequently and apply it in the wear of your uniforms. I'll be addressing some more items in upcoming columns.



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Armed Forces Day 2005: a time to honor our troops

Fort Buchanan will celebrate Armed Forces Day 2005 with a Two Mile Run, a Wheelchair Basketball Challenge and an Army vs. Coast Guard Flag Football game. Buchanan will also host the traditional Retiree Appreciation Day.

This year, the tactical displays and activities, military drill exhibitions, parade, booths and entertainment will not be held so that all interested may attend the 65th Regional Readiness Command's tribute to our deployed soldiers. The event will take place Saturday, May 21, at the Roberto Clemente Coliseum

Buchanan's **Armed Forces Day Two Mile Run** will take place Friday, May 20 at the installation's Pee Wee Field. Units and individual runners should report to the field at 6 a.m. The run will start at 7. Participants will receive a commemorative T-shirt. Awards will be presented to the best military and civilian organizations participating.

At 5 p.m., a unique **Wheelchair Basketball Challenge** will be held at the Physical Fitness Center between a team of paralyzed veterans and active duty Soldiers.

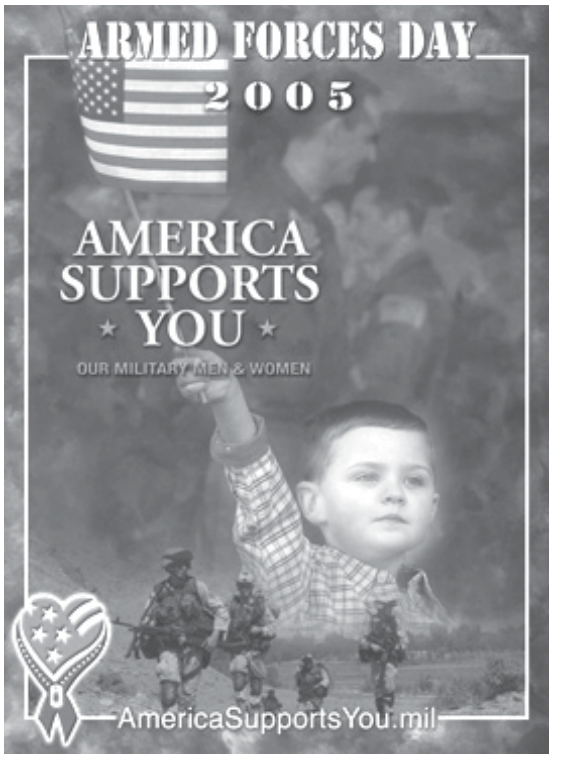
At 7 p.m. Buchanan's Armed Forces Day celebration concludes with an **Army vs. Coast Guard Flag Football Game** at Maxie Williams Field.

On Saturday, May 21, Fort Buchanan will host its annual **Retiree Appreciation Day** from 8:30 a.m. till noon at the Community Club. Guest speaker at the event will be TREA National President Leroy Riddell. Information booths on retiree benefits will be available.

Also that Saturday, the 65th Regional Readiness Command and the Puerto Rico National Guard will be hosting a special tribute to all the Puerto Rican servicemembers who were deployed to the various theaters in the Global War On Terrorism (GWOT).

The event has been planned to take place at the Roberto Clemente Coliseum, and will include military equipment displays and a special ceremony set for approximately 11 a.m.

Representatives from each of the units deployed will be formed on the floor of the coliseum to receive a special homage from military and civilian authorities. Expected to attend and participate are the Governor of Puerto Rico, the presidents of the Senate and House of Representatives, and the Mayor of San Juan. The Hon. Senate President will present a special Senate proclamation honoring the deployed military. He would also be announcing the award of a special medal that will eventually be presented to all the servicememnbers who have deployed for the GWOT.

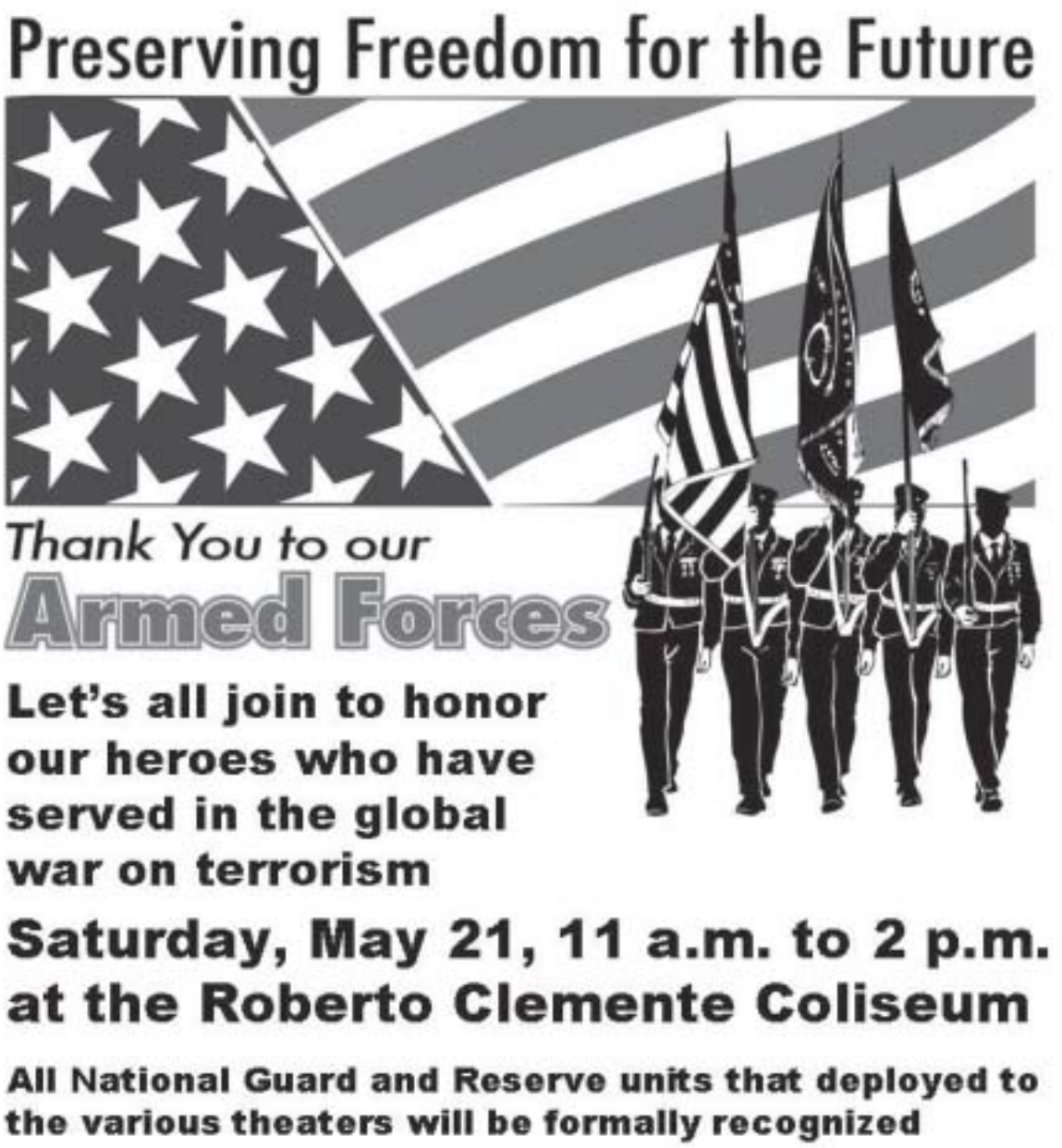


The theme for this year's observance is "America Supports You."

President Harry S. Truman led the effort to establish a single holiday for citizens to come together and thank our military members for their patriotic service in support of our country.

On August 31, 1949, Secretary of Defense Louis Johnson announced the creation of an Armed Forces Day to replace separate Army, Navy, Marine Corps and Air Force Days. The single-day celebration stemmed from the unification of the Armed Forces under one department — the Department of Defense.

The first Armed Forces Day was celebrated by parades, open houses, receptions, and air shows. In Washington D.C., 10,000 troops of all branches of the military, cadets, and veterans marched pass the President and his party. In Berlin, 1,000 U.S. troops paraded for the German citizens at Templehof Airfield. In New York City, an estimated 33,000 participants initiated Armed Forces Day "under an air cover of 250 military planes of all types." In the harbors across the country were the famed mothballed "battlewagons" of World War II, the Missouri, the New Jersey, the North Carolina, and the Iowa, all open for public inspection. Precision flying teams dominated the skies as tracking radars were exhibited on the ground. All across the country, the American people joined together to honor the Armed Forces.



Pentagon CHANNEL
Now on Buchanan's Ch. 15

Garrison NCO and Soldier of the Quarter

NCO of the Quarter

SGT Brandon Johnson
Unit: Provost Marshal Office

SGT Johnson is a native of Oxford, Alabama and joined the Army in April 2001.

Johnson will be departing Fort Buchanan in June of this year to attend the Basic Special Agent Course, and then continue his military service within the CID branch. He is married to Mandy Johnson and they have one son (Indiana).

Soldier of the Quarter

SPC Abigail C. Ziegert
Unit: Provost Marshal Office

SPC Ziegert is a native of Florida and entered the military following the attacks of 9-11.

Ziegert will depart Fort Buchanan in July of this year and PCS to Fort Hood, Texas.

She is currently completing her Masters Degree in Criminal Justice Administration and plans on making the military a career.

The Customer Suport Team, joined by Garrison Commander, Col., Stephen. Ackman and DOIM Chief Carlos Vilches (bottom right) celebrated receiving the award with the commander. Bottom center, Acting CSD Chief Edwin Ríos. Left to right, top row: Guillermo Santiago, Carlos Rivera, Felix Rodríguez, Carlos Cruz, Leo Martínez, Marcos Orengo, Rosie Irizxarry, José López, Mario Morales, Ramón Delgado and Joe Bonet.

Imagination rewarded:

Customer Support Division receives award

By Rosie Irizarry
DOIM-VI

Early on Sunday, April 3, 2005, under an already warm Puerto Rico sun, the DOIM's Customer Support Division (CSD, formerly TSC), received a prestigious award for outstanding service provided to the United States Army Reserve (USAR) in Puerto Rico.

The beautiful carved glass award was presented by the commanding general of the USAR the in Puerto Rico, the 65th Regional Readiness Command, BG Jose Rosado and outgoing commander of the Headquarters Headquarters Company of the 65th RRC, MAJ Edwin Correa. Acting VIS Chief Edwin Ríos received the award on behalf of all the members of the CSD. .

The recognition does not remain there. on Tuesday, April 5, 2005, United States Army Garrison Commander, COL Stephen Ackman accompanied by the Acting Base Operations Manager, Michael Hernandez Carrión and DOIM Director, Carlos Vilches presented the award to all 12 members of the CSD team at building 514.

Ackman expressed his acknowledgment of the outstanding support the CSD section has provided to the Reserves and recognized the excellent relationship of service provided, that should serve as an example to all directorates and divisions in the installation.

The Customer Support Division is responsible for providing all multimedia services and products such as graphic arts, video production, audio recording, digital photography documentation, DA photos, official passport photos, presentation and technical support at official functions. They are located in building 514 and can be reached at telephone number 787-707-3919.

TRICARE benefits to be explained at Town Hall meeting here

All eligible TRICARE beneficiaries are invited to a very important Town Hall meeting to discuss their concerns on the TRICARE Program and the overall quality of healthcare services in Puerto Rico.

The Town Hall will be held Tuesday, May 3, from 9:30 a.m. till noon at the Fort Buchanan Community Club ballroom.

Representatives from the TRICARE Management Activity, the South East Regional Medical Command, the TRICARE Area Office, the Garrison command, Rodríguez Army Health Clinic command and Humana Military Healthcare Services will be available to provide information and address your concerns.

TRICARE is the Department of Defense's worldwide health care program for active duty and retired uniformed services members and their families. TRICARE consists of TRICARE Prime, a managed care option; TRICARE Extra, a preferred provider option; and TRICARE Standard, a fee-for-service option. TRICARE For Life is also available for Medicare-eligible beneficiaries age 65 and over.

The contractor for the island is Humana Military Care Services. They were selected by the Department of Defense to offer TRICARE to active duty and Prime active duty family members in Puerto Rico.

For what's happening on Buchanan, the Army and DoD, tune to WBUC-TV and the Pentagon Channel on Ch. 15

Selfless sacrifice honored

Brig. Gen. Jose M. Rosado, commanding general 65th RRC, Mrs. Cynthia Reyes, Capt. Allen D. Hupp, and Maj. Edwin R. Correa, cut the red and yellow ribbon to inaugurate the new recreational facility commemorating the self-less sacrifice of Spc. Ramon Reyes, who was killed while serving in Operation Iraqi Freedom. (U.S. ARMY PHOTO by SSG John Gonzalez)

Demobilization ceremony

Soldiers with the 266th Ordnance Company stand "Proud Ready and Relevant" in front of friends and loved ones after serving their tour of duty in support of Operation Iraqi Freedom. The demobilization ceremony was held March 5 at their battalion headquarters in Aguadilla. In the photo below, Capt. Whelan, the unit commander, receives the yellow ribbon that hung on Buchanan's "Tree of Hope" from Mrs. Diana Ackman (center) and the head of the unit's family support group. The ribbon flew on the tree while the unit remained deployed. (Photos by Staff Sgt. John González, 65th RRC)

Citizen warriors welcomed home

By SSG John Gonzalez
65th RRC

Every Soldier who deploys and serves his country is a hero and worthy of recognition for their contribution in the Global War on Terrorism, this according to Lt. Gen. James R. Helmly, Chief of the Army Reserve.

Army Reserve Soldiers returning from a deployment in either Operations Enduring Freedom or Iraqi Freedom will be honored for their duty with The Welcome Home Warrior-Citizen Program. The award is an attempt to welcome and thank the returning Soldiers for their sacrifice and commitment in support of our nation's defense.

The Welcome Home Warrior-Citizen Program consists of four separate items for the Soldier; an American flag encased in a wooden triangular frame with the Soldiers name and Operation dates engraved in the front, a Warrior-Citizen Coin, a yellow Warrior-Citizen flag, and a set of lapel pins featuring the Army Reserve logo on one and the Warrior-Citizen logo on the other.

The 65th Regional Readiness Command ranks high among the Reserve units mobilized nationally in support of the GWOT with approximately 4,000 Soldiers activated since 9/11. To date the "PRimeros" command still has around 1,200 Soldiers deployed overseas in support of OIF and OEF.

Brig. Gen. Jose M. Rosado, Commanding General 65th RRC, honored the 346th Transportation Battalion here on Apr 17, as being one of the first units to leave and the first to return from their mission in Iraq.

"Duty honor and country, I can not think of a better shinning example of those words than all of you sitting here today," said Rosado.

He added, "You all exemplify all these deeds in action, as your battalion motto so appropriately states, 'Action on Wheels,' but you know you have to share those awards with your families who where there supporting you every step of the way."

Change of Command – Capt. Allen D. Hupp takes the company colors from Brig. Gen. Jose M. Rosado, Commanding General of the 65th RRC, as he assumes the role of Commandant of the Headquarters and Headquarters Company for the PRimeros. The Change of Command took place here on Apr 3. (U.S. ARMY PHOTO by SSG John Gonzalez)

Army Staff Sgt. Hilbert Caesar takes a breather after taking his hand-crank bicycle for a spin down Manhattan's Lexington Avenue the day before using it to compete in the New York City Marathon in November 2004. US Army photo by Sgt. Lorie Jewell.

Amputee Soldier competes in Boston Marathon

A soldier competed in the Boston Marathon April 18, a year to the day after an improvised explosive device blast in Baghdad, Iraq, cost him his right leg.

Army Staff Sgt. Hilbert Caesar hand-cranked his custom sports wheelchairs in the annual race. A former member of the 4th Battalion, 27th Infantry, from Baumholder, Germany, Caesar was the first soldier to cross the finish line in the New York City Marathon in November. In a field of 83 hand-crank bicyclists, Caesar finished in 17th place, with a time of 1 hour, 53 minutes.

As Caesar faced the physical challenges in Boston on the city's Patriots Day holiday, soldiers half a world away were running a special marathon in concert with the Boston event.

The Iraq/Boston Marathon took place at Base Camp Adder, the former Tallil Air Base, southwest of Nasiriyah in southern Iraq.

The 26.2-mile route was contested near one of Iraq's most famous archeological and religious sites, the Ziggurat of Ur. Dominating the terrain of the area, the ziggurat is a 4,000-year-old, 40-foot temple tower of the ancient city of Ur, one of the great Sumeria cities of Mesopotamia.

An estimated 150 runners competed in the Iraq race, either individually, or as a team. More than 100 volunteers staffed the event. OLN televised portions of this first-of-its-kind Iraq/Boston Marathon as part of the network's coverage of the Boston Marathon.

Stateside, Caesar and other disabled soldiers prepared for Boston much as they've prepared for other recent racing events. They're sustained in this effort by the Defense Department's Disabled Soldier Support System and other similar organizations that sponsor tours, events and sports for wounded servicemembers.

Army announces criteria for Iraq, Afghanistan campaign medals

By Eric Cramer
Army News Service

Soldiers can begin putting on the new Iraq and Afghanistan campaign medals after the Department of the Army approved the final implementation rules for them April 8.

Soldiers are eligible for the Afghanistan Campaign Medal if they: served in direct support of Operation Enduring Freedom on or after Oct. 24, 2001 until a future date to be determined by the Secretary of Defense or the cessation of the operation. The area of eligibility includes all the land area of Afghanistan and all the air space above the land.

Soldiers are eligible to receive the Iraq Campaign Medal if they: Served in direct support of Operation Iraqi Freedom on or after March 19, 2003, to a future date to be determined by the Secretary of Defense or the cessation of the operation. The area of eligibility encompasses all land area of the country of Iraq, the contiguous water area out to 12 nautical miles and all air spaces above them.

Soldiers must serve 30 consecutive or 60 non-consecutive days in either area, or be engaged in combat during their service; be wounded or injured requiring evacuation from the area.

The ribbons for the new awards are in the supply chain now, but the medals won't be available for issue until May 1

The medals replace the former Global War on Terrorism Expeditionary Medal.

Denise Harris, assistant chief of the policy section, military awards, U.S. Army Human Resources Command, said the currently serving Soldiers need no orders to receive the medals, and that battalion-level commanders generally determine eligibility.

"Typically, the commanders will send a service roster of the award to the personnel center, and it will be included in the Soldiers records," Harris said. "So the commanders will make the recommendation."

Soldiers who already have the GWOT Expeditionary Medal, for service in Iraq or Afghanistan, may apply for the new medal in lieu of the earlier one, Harris said. "All they have to do is take their orders to their personnel office, and the personnel center will change the records," she said.

Once a Soldier elects to receive a campaign medal in lieu of the GWOT-E, then the GWOT-E will be removed from the Soldier's records and they will only be authorized to wear the new campaign medal, Harris said.

However, it is possible for a Soldier to wear both the GWOT-E and one of the campaign medals simultaneously. For this to occur, the Soldier must have been deployed to theater on two different occasions to earn the two awards independently, Harris said.

Harris said the ribbons for the new awards are in the supply chain now, but the medals won't be available for issue until May 1.

"For the initial issue, the Soldiers should be able to go to their supply clerks, they shouldn't have to buy them out of their own pockets," Harris said.

Sergeanrt First Class Paul R. Smith is the first to receive the military's highest award for actions in support of Operation Iraqi Freedom.

First Medal of Honor awarded in Operation Iraqi Freedom

President George W. Bush honored Sgt. 1st Class Paul R. Smith by presenting his family the Medal of Honor on April 4, the second anniversary of his courageous actions during the Battle of Baghdad Airport.

In action near the Baghdad Airport on April 4, 2003, Smith, a Soldier in Company B, 11th Engineer Battalion, working with units of the 3rd Infantry Division, was tasked to build a compound to hold enemy prisoners, when his small force came under attack by more than 100 enemies.

Smith threw two grenades and fired rocket launchers at the enemy before manning a .50-caliber machine gun on an M-113 Armored Personnel Carrier to protect his troops. While engaging an enemy attacking from three sides, Smith fired more than 300 rounds from the machinegun before being killed.

He prevented the enemy from overtaking his unit's position, protected his Task Force's flank, and defended the lives of more than 100 Soldiers, according to his award citation.

Paul Ray Smith was born on September 24, 1969, in El Paso, Texas. At the age of nine, his family moved to South Tampa, Florida, where he attended public schools. He enjoyed sports, liked cats, skateboarding, riding bicycles, and playing pranks with friends and his younger sister Lisa. He particularly enjoyed football, which instilled the importance of being part of a team and motivated his natural leadership abilities.

Paul Ray had an interest in old cars—he enjoyed taking things apart to see how they worked.. His family remembered that as far back as they could recall, when anyone would ask what he wanted to do as an adult, he always said, "I want to be a Soldier, get married, and have kids."

Upon graduating in 1988 from Tampa Bay Vocational Technical High School, he joined the Army and attended Basic Training at Ft. Leonard Wood, Missouri. As his mother wrote in his biography for a dedication ceremony in Orlando, he had begun living his dream...he was assigned to Germany, met and married his wife, Birgit, had two children, and was "doing what he was born to do.... Lead American Soldiers...." Sgt. 1st Class Smith served as a combat engineer and was deployed to Kuwait during the Persian Gulf War, Bosnia-Herzegovina, Kosovo, and finally to Operation Iraqi Freedom.

Sgt. 1st Class Smith joined the 11th Engineer Battalion in 1999 and immediately became an integral part of Bravo Company. When he deployed with his platoon to Kosovo in May 2001, as part of the KFOR 3A rotation, Smith was responsible for daily presence patrols in the highly populated town of Gnjilane. In the spring of 2002, he was promoted to sergeant first class and completed the Advanced Non-Commissioned Officer Course in August 2002.

In January 2003, Sgt. 1st Class Smith returned from leave to prepare his men for rapid deployment to Kuwait as part of the 3rd Infantry's Divisions buildup for Operation Iraqi Freedom. Smith took a strict approach to training his men, ensuring that his platoon was proficient in handling weapons and prepared for urban combat.

Bravo Company crossed the border on March 19th and traveled more than 300 kilometers in the first 48 hours of the war as part of the lead company in support of Task Force 2-7 Infantry.

Passing through the Karbala Gap, Smith and his men pushed through the night of of April 3, 2003, towards Baghdad Airport where Bravo Company, 11th Engineer Battalion of Task Force 2-7 were involved in a firefight with Iraqi forces.

Sgt. 1st Class Smith's heroic actions and tragic death have been honored with the Medal of Honor.

Sergeant First Class Paul Ray Smith

B Company, 11th Engineer Battalion, 3rd Infantry Division, United States Army

Sgt. 1st Class Paul Ray Smith received the Medal of Honor posthumously during a White House ceremony April 4, 2005.

Spouse: Birgit Smith
Children: David A. Smith, Jessica M. Smith
Parents: Donald and Janice Pvirre
Hometown: Tampa, Florida
Graduated Tampa Bay Technical High School
Enlisted: October 1989
Completed Basic and Advanced Individual Training at Ft. Leonard Wood, MO

Assignments: 82nd Engineer Battalion (Bamberg, Germany), 1st Engineer Battalion (Fort Riley, Kansas), 317th Engineer Battalion (Fort Benning, Georgia), 9th Engineer Battalion (Schweinfurt, Germany), 11th Engineer Battalion (Fort Stewart, Georgia)

Deployments: Persian Gulf War, Bosnia-Herzegovina, Kosovo, and Operation Iraqi Freedom

The personal character of Sgt. 1st Class Smith is best described through some anecdotes his sister related in a speech about her brother:

"Paul Ray had an incredible love for the troops under his command. One Christmas, the wife of a Soldier in Paul Ray's platoon had just had surgery and the Soldier and his wife were unable to provide a Christmas for their family. So, Paul Ray collected food from the company Christmas party, and he and Birgit bought presents for the children, and they took them to the Soldier's home." Paul Ray's family never heard of this until recounted to them by friends after his death. "Another…..very descriptive event that showed Paul Ray's concern for his men involves another Soldier whose baby daughter was unexpectedly admitted to the hospital with a serious illness. Paul Ray would drive an hour out of town every night to give his support to this Soldier and his wife." In the last letter that Paul Ray wrote to the parents from Iraq, he told them "..now that he was a father himself, he realized just how much they had sacrificed to make his life a good life and he thanked them for that special effort. He spoke of being prepared to give—as he said—'all that I am, to ensure that all my boys make it home.' In that same letter, he told our parents how proud he was of the 'privilege to be given 25 of the finest Americans we call Soldiers to lead into war' and he recognized their fears and his responsibilities for their welfare."

Phot

Soldiers from the 155th Brigade Combat Team pose for a photo at Ishtar Gate in ancient Babylon. Iraqis provided the tour for the Soldiers as a goodwill gesture and to teach them more about Iraq's glorious past.

US Army photos except where noted

Paratroopers from the 82nc
during Exercise Joint Forcib

Chango Battallion

All lined up and ready to demobilize, a group changos joined the 448th Engineer battalion at their recent demobilization ceremony on Maxie Williams Field in Buchanan. (Photo by Carlos Rivera, DOIM-VI)

¡Bienv
the Sol
Among

Capt. David M. Rozelle, commander, Headquarters and Headquarters Troop, 3rd Armored Cavalry Regiment, stands on a third-floor balcony of Al-Faw Palace, April 1 at Camp Victory, Iraq. Rozelle returned to Iraq after losing his lower right foot during the first phase of Operation Iraq Freedom. Rozelle is the first amputee to return to a combat zone after suffering such an injury. Photo by Pfc. Matthew Clifton, USA

Seen thropugh a night vision device, Sgt. Jose Sierra, from the Puerto Rico-based 699th Engineer Battalion, 166th Area Support Group, 65th Regional Readiness Command, provides force protection for Army engineers who are building schools and drilling water wells for residents in the Gonaives, Haiti area.

d Airborne Division jump from a C17 Globemaster at Ft. Bragg, N.C.,
ole Entry.

JAGS APLENTY! – Members from the 65th RRC Judge Advocates General Office and the 174th Legal Assistance Team played host to their JAG counterparts from the U.S. Army Reserve Command at Fort McPherson in Atlanta, GA. The visiting team was treated to a panoramic tour of the island as they inspected Army Reserve facilities from the air. (U.S. ARMY PHOTO by SSG John Gonzalez)

enidos! In a scene that repeated itself often during the past months, family members gave a boisterous welcome to
ldiers of the 301st MP Bn as they returned home from Iraq last February. The unit was deployed in theater for a year.
g their missions, they were in charge of Abu Ghraib prison in Baghdad.

Sgt. Danny Rogers, a dog handler from the 25th Military Police Company, wearing padded protective clothing, is attacked during an urban combat training exercise at Bagram Airfield, Afghanistan.

Fine Arts Week at Antilles Intermediate

by Barbara Castro

During the week of April 11-15, 2005 the Antilles Intermediate School at Ft. Buchanan was turned into an art museum.

Each day brought different artistic activities organized by the talented and renowned AIS art teacher, Rosa Rivera, a famous artist in her own right. You can see a sample of her work in the Administration office of AIS.

Monday, April 11th kicked off the Fine Arts Week with a varied display of student art work up and down the hallways of AIS.

Teachers exhibited their artistic talents in the Media Center. A.I.S. was treated to beautiful watercolors, acrylics, oil paintings, charcoal drawings, pastels, sculptures, needlework and silk paintings done by teachers and students.

Tuesday, April 12th was "Dress as Your Favorite Painter's Day" with students and teachers in costumes dressed as Vincent Van Gogh, Leonardo Da Vinci, Frida, Mary Cassatt, Louise Nevelson, Pablo Picasso and Salvador Dali.

Students painted murals and the new Math Matters Recruitment Station, inaugurated April 22.

Wednesday, April 13th brought the "East End Art Guild" artists to AIS. Sculptor, Maria Rodriguez, demonstrated the mechanics of sculpting in clay and many students made clay sculptures in the art class that day.

Carlos Ferrer, a caricaturist who can be found weekends drawing at the Buchanan PX, explained how to draw cartoons of people emphasizing their most remarkable characteristics in cartoon portraits called caricatures. He drew the likenesses of several lucky students who got to take their portraits home.

Mr. Rafael Collazo, a prize winning oil painter, brought several of his own oil paintings to share with the students. He discussed how to choose the theme you want to paint and how art can become a career. He explained that he is a "self-taught" artist.

Thursday, April 14th Ms. Rivera took two groups of AIS students to visit the Modern Art Museum of Puerto Rico in San Juan. The students enjoyed seeing the art, sculptures and beautiful gardens with colorful fish. They took many pictures which may become the themes of future art work.

On Friday, April 15th, AIS students, parents and staff were entertained by several classrooms dancing folk dances of different countries. Ms. Feo's class, 3-4, did the "Mexican Hat Dance" wearing sombreros, ponchos, colorful Mexican skirts and hair ribbons. Ms. Lopez's class, 4-2, did the "Virginia Reel", a type of square dance said to be a favorite of George Washington.

Ms. Wilson's class 4-4 dedicated the traditional Puerto Rican "Plenisima" to the memory of Tony Croatto, a famous Puerto Rican entertainer. Ms. Urbiztondo's class 4-1 was very creative doing individual dance moves and dancing with scarves in the "Zorbas", a popular Greek dance reminiscent of the dancing in the movie "My Big Fat Greek Wedding." Ms. Pam Wilson's MG class performed the "Tiniklin" from the Phillipines. The dancers wove in and out of bamboo sticks in an acrobatic and rhythmic dance.

The "Hammerschmiedsgselln" or "Blacksmith's Dance" from Germany, performed by Ms. Maddux's class, 5-1, had the students beating out rhythms by slapping their thighs, shoe soles and hands. The last dance, "TheEnte Tanz" or "Chicken Dance" originated in Holland. Dancers were brought up from the audience to join in as the "chicken dance' was performed to a faster and faster tempo.

The activity concluded with everyone laughing together with the fun of the Multicultural Dance Program of AIS. It was a fine conclusion to an artistically stimulating week.

Attention all parents!

The Installation legal Office and Provost Marshal Office present a Law Day Symposium:

Personal Safety for Your Children - A Training for Parents

Thursday, May 5, 9 to 11 a.m. at the Fort Buchanan Community Club

Learn what you can do to protect your child; Stranger danger, Chat rooms, Amber Alert, etc.

Defense Travel System (DTS) coming to Buchanan in June

Welcome to a new, improved business travel process! If all goes as planned, June 3 Fort Buchanan will join other DoD organizations that are already using the new Defense Travel System (DTS). First envisioned in the mid-1990s, DTS fielding began in 2001 at 27 pilot sites and at 232 other sites across DoD, and is already supporting hundreds of thousands of military and civilian personnel.

On 24 December 2003 DTS became the official DoD temporary duty (TDY) travel system and was approved for fielding to the entire Defense Department. In the words of the DTS Program Director Colonel Brandy Johnson, "Within the next two years we will deploy DTS to the most high-volume travel sites within DoD. It will take time to deploy DTS to all of the DOD, but the process is well underway." Johnson describes DTS as "a state-of-the-art system…that draws from the best features of commercial travel technology and links them to the DoD financial and accounting systems to provide the user a seamless, responsive travel system." She further explains, "DTS will mean online TDY travel for virtually every person in the Department of Defense, both civilian and military. This is a quality of life issue for our people. They deserve DTS."

Among the benefits DTS brings to travelers, authorizing officials, managers and commanders, those most touted include:

Fast, electronic reimbursement of travel expenses. This is a priority item. Thanks to DTS, DoD will now be able to reimburse its business travelers quickly and electronically.

Worksite approvals and certifications. DTS places approval of travel arrangements and certification of travel vouchers at the traveler's worksite instead of at a servicing finance location. This places the authority to make travel decisions with the leaders and managers responsible for completing the mission.

Significant reduction in the time spent administering travel. Reports to Congress based on field-testing of DTS indicate that on average the time spent administering travel is cut to one-third of what it had been before DTS. And saving time also means saving money.

Reduced paperwork. As DoD's single end-to-end electronic solution for Defense business travel, DTS is, in fact, online travel. DTS provides electronic connectivity between the traveler, the authorizing official, the service/agency accounting and disbursing systems, the local comptroller's budget, the commercial travel service provider, the commercial bank card service and the electronic archive of travel-related documents, to include required travel receipts. This electronic connectivity and archival process eliminates the reams of paperwork previously required for business travel.

Automated payment of government charge cards. This attribute makes DTS "a knight in shining armor" for many travelers and for military Services and Defense agencies. It takes much of the after-the-fact bill paying

See TRAVEL ... following page

Boricuas keep communications connected in Afghanistan

By Sgt. 1st Class Darren D. Heusel, USA
American Forces Press Service

CAMP EGGERS, Afghanistan – Sporting hard hats, goggles, earplugs and assorted power tools, members of the Army Reserve's 807th Signal Company, from Puerto Rico, have hit the ground running in Afghanistan.

The 807th, whose primary mission here is to enhance the communication capabilities of the coalition, has been working long hours in Afghanistan's capital city since arriving Jan. 15 as part of Operation Enduring Freedom.

The 210-member unit from the Euripides Rubio armory in Puerto Nuevo is also performing missions in Kandahar, Karshi-Khanabad, Kuwait and Baghdad.

Army Spc. Rafael Correa, of Añasco, marks where holes will be drilled on a strip of material that will house new wiring for phones and computer systems in the Lone Star West building on Camp Eggers, Afghanistan. Correa is a member of the 807th Signal Company, in Puerto Nuevo. Photo by Sgt. 1st Class Darren D. Heusel.

"Once we arrived at Kabul Compound, our first priority was to upgrade the technical control facility," said Army Sgt. Ricardo Arroyo Rivera, of Toa Alta, Puerto Rico.

The new technical control facility will house all the electronics equipment necessary to transmit communications signals on Camp Eggers and the surrounding area, said Army Sgt. 1st Class Pablo Galletti, noncommissioned officer in charge of the reconstruction project and 807th member.

From there, the Kabul crew moved on to their next projects — installing plastic conduits to hold new telephone lines and cables for classified and unclassified computer systems at two other facilities.

Overseeing the project is the 25th Signal Battalion's 580th Signal Company's Direct Signal Support Team out of Doha, Qatar. The DSST is responsible for providing voice, secure and non-secure communications systems to six locations within the Kabul area, said Sgt. 1st Class William Langley, DSST NCOIC.

The 25th's higher headquarters is made up of military personnel and civilian contractors from the Network Enterprise Technical Command, out of Fort Huachuca, Ariz., one of the Army's three major signal commands.

"The experience has been good so far," said Arroyo, who got his start in the communications business by working for a telephone company back in Puerto Rico. "We get a lot of demands and it keeps us busy, but everyone seems to be happy with our performance."

Arroyo said the only difference between what he's doing now and what he was doing for the telephone company is that his crews basically do everything start to finish — including installing the conduit and all the associated wiring.

Spc. William Entzminger Jr., who joined the 807th as a "filler" from Richmond, Va., said the experience to this point has been a good one. "The work can be stressful at times, but we feel like we're being productive," he said. "The experience has brought us closer together as a unit.

"It's also been an eye-opening experience for me personally, because I never thought I'd be doing what I'm doing," said Entzminger. "During my (advanced individual training), I worked mainly on telephones, and over here we're involved in the entire construction of the project."

Once the 807th has completed its mission at Camp Eggers, the team is expected to move on to other projects at the U.S. Embassy and Bagram Air Base, north of Kabul.

Glad you asked!!: **May retirees wear the military PT unifrom?** Retirees are authorized to wear the physical fitness uniform (PFU) or the improved physical fitness uniform (IPFU) under the following provisions: (1) May wear the PFU or the IPFU with civilian attire off the installation. (2) When wearing the PFU or the IPFU as a complete uniform, retirees will— (a) Wear only authorized accessories corresponding to those worn by personnel of the Active Army. (b) Keep the sleeves down on the sweatshirt or jacket, the legs down on the pants, and the t-shirt tucked inside the trunks. (c) Not roll or push up the sleeves of the IPFU sweatshirt or the PFU/IPFU jacket. (d) Wear the sleeves of the IPFU sweatshirt cuffed or uncuffed; may not cuff the IPFU jacket sleeves. (e) Wear the black knit cap pulled down snugly on the head, with the bottom edge of the cap folded up; will not roll the edge of the cap.

RETIREE
Appreciation Day

Saturday, May 21, 2005
8:30 am – 12:00 noon
At Community Club

Guest Speaker:

Leroy Riddell
TREA National President

*Raffles
*Door Prizes
* Surprises & More...

For More information call Mr. Santiago @
(787) 707-3842

TRAVEL ... *from previous page*

responsibility away from the traveler, and will work to reduce those delinquencies that are caused by having the extra delay in the payment/repayment chain. Once a voucher is approved for payment, reimbursement for expenses charged to the traveler's government charge card is made electronically directly to the traveler's government charge card account.

By the end of March 2005 DTS had been deployed to more than 140 major high-volume-travel locations across DoD. Current plans call for DTS to be deployed to almost 200 major high-volume-travel locations by the end of Fiscal Year 2005. In addition, numerous smaller sites have self-deployed DTS with limited assistance from the PMO. As of the end of March 2005, DTS was being used at over 4,400 sites worldwide. It is envisioned that DTS will be deployed to approximately 11,000 DoD locations by the end of Fiscal Year 2006, at which point DTS will support over 90 percent of all DoD business travel.

To learn more about the capabilities and functionalities of DTS, visit the Defense Travel System website at www. defense-travel.osd.mil.

National Security Personnel System (NSPS) implementation on schedule for July 2005

National Security Personnel System (NSPS) officials recently confirmed that implementation of the new personnel management structure is in place. "As it currently stands, we are in a position to meet our July 2005 implementation target, but we'll take the time needed to do it right," a high-ranking official said.

"Once DoD and OPM complete the formal collaboration process with the unions, and we finalize the regulations, the labor relations provisions will be implemented across the Department (to those employees currently covered by title 5 labor relations). The other portion of the system (pay banding, performance-based pay, staffing, etc.) will be phased in, starting with our General Schedule workforce. For example, our wage grade population won't initially be affected by the new pay provisions, but will be subject to the new labor relations rules.'

If you're wondering how the new system may affect you, the following Qs and As may be useful:

What is the National Security Personnel System (NSPS)?

It's a more flexible civilian personnel management system. NSPS, once the design is finalized, will likely include changes in the way civilian jobs are graded and classified (a shift to Pay Bands), in the way the employee and manager performance objectives are set, managed and rewarded (Pay for Performance), in the way the Department works with its unions (Labor Relations), in the way the Department hires, promotes and adjusts its workforce size (Staffing Flexibilities) and in the way the Department addresses personnel issues, discipline and appeals. The specifics of each of the above are not yet determined. They will result from a DoD-wide effort currently underway.

What does the implementation of NSPS mean to me?

NSPS will establish new rules for how civilians are hired, assigned, compensated, promoted, and disciplined. NSPS will also have elements that address the Department's labor relations. This will all be within the framework of merit principles, veterans' preference, and employees' rights to organize and bargain collectively. NSPS will strengthen DoD civilian employees' ability to accomplish the mission in an ever-changing defense environment.

What are the key elements that will be changed under NSPS?

Staffing: Hiring, Assignment, Advancement, Removal, RIF Job Classification/Pay Banding, Pay for Performance, Labor Management relations, Discipline, Adverse Action and Appeals

What will not change under NSPS?

Merit System Principles, Veterans Preference Principles, Laws against Prohibited Personnel Practices, Anti-discrimination laws, Leave and attendance, Travel and subsistence, Pay under the Executive Schedule, Computing pay for firefighters, Rules on employee training, Health insurance and retirement benefits, Safety and drug abuse program

What protections does NSPS provide employees?

NSPS will be designed and operated within the framework of merit principles, veterans' preference, and employees' rights to organize and bargain collectively. NSPS provides three levels of employee protection.

First, NSPS must adhere to the merit system principles that have been the basis of the civil service for decades. These principles will continue to support: A diverse workforce; Fair and open competition; Equal pay for equal work; High standards of integrity and conduct; Protection for employees against arbitrary action, favoritism, or political coercion; and Protection for employees against reprisals for whistleblowing.

Second, rules remain unchanged regarding prohibited personnel practices, including: Violation of veterans' preference requirements; Taking or threatening to take an action because someone is a whistleblower; Obstructing or influencing an individual's ability to compete for employment; Nepotism; Coercing political activity; and Taking any personnel action on the basis of race, color, religion, sexual orientation, labor organization affiliation or non-affiliation, national origin, age, handicap condition, marital status, or political affiliation.

Third, NSPS requires that, before implementing the new personnel system, DoD will: Partner with OPM; Collaborate with employee representatives; and Notify Congress regarding areas of disagreement.

Does NSPS change the rules for the EEO complaints process?

No, the EEO complaints process falls outside of the scope of the NSPS law.

Will NSPS be tested before full implementation?

We have a great deal of experience with successful demonstration projects in DoD and, based on that experience, we will have a high degree of confidence in the system when the implementation begins. Modifications may be needed as we continue with the phased implementation, and those changes will be incorporated. Under NSPS we will be able to make needed changes more quickly.

What is the timetable for NSPS implementation?

NSPS will be implemented in phases beginning (tentatively) in July 2005. Full implementation will occur over several years as aggressive, event-driven milestones are achieved. The notional timeline demonstrates the projected "spiral" approach to implementation.

Will NSPS affect my retirement and health insurance benefits, or leave entitlements?

No. NSPS will not change the rules regarding retirement, health insurance, annual leave or sick leave.

Will NSPS affect my "high 3"?

No. Rules affecting retirement benefits or eligibility fall outside the scope of the NSPS law.

Is there any way that civilians could be considered military personnel under NSPS?

No, employees under NSPS will continue to be civil service employees. The Department of Defense has no authority today nor will they under NSPS to treat civilian employees as military assets. Our DoD military and civilian employees are each governed by a separate set of rules, regulations and statutes, and these distinctions will be maintained under NSPS.

Under NSPS, can civilian employees be defined as "deployable assets" and ordered anywhere in the world, including war zones, to support the mission?

Currently DoD has the authority to reassign employees and this authority is unaffected by NSPS. One of the Goals of NSPS is to reduce its reliance on the military to perform jobs that could be performed by civilians in order to free the military to perform their war fighting duties.

For more information, log on to www.cpms.osd.mil/nsps

Rhesus monkey sightings on post spur concern

Rhesus Monkey sightings have been occurring during the past few days on Fort Buchanan. This wild animal is not endemic to Puerto Rico and is not frequently seen on post.

All Fort Buchanan personnel and family housing residents should be advised not to approach or chase this animal. Do not attempt to handle the animal. Just be cautious and follow the safety guidance below. Fort Buchanan DPW is in the process of contracting certified personnel to capture the animal. If you need further information, please do not hesitate to contact Mr. Felix M. Mariani, Chief Environmental Division at (787) 707-3508.

If you encounter one of these monkeys:

1. **Give the monkey plenty of room,** it will usually go away. When discovered they usually try to run away from humans.

2. **If a monkey approaches you- DON'T RUN!**
You should back away slowly, facing the monkey and keeping it in sight.

3. **Avoid eye contact** with the animal. This action can provoke or can turn the animal aggressive.

4. **Don't make loud and harassing noises.** This action can startle the monkey and make it think that it is in danger. Mammals such as monkeys have the potential to be aggressive to humans if they feel harassed.

5. **Don't feed the animal.** Be careful not to eat in or near wooded areas and also make sure that you dispose of your trash in appropriate receptacles. Always cover your trash receptacles.

6.**Don't leave food residues.** Family Housing's pet owners must remove all food left outside for their pets.

7. **Report sightings** of the animal(s). Please notify immediately the DPW Customer Service Desk at 707-3971 during normal duty hours from 7:00 am to 4:00 pm. During non-duty hours (4:00 pm – 7:00 a.m., holidays, weekends), please contact the Fire Department at 707-5911.

Rhesus and Patas monkeys were brought to the island in the early 60s to be used for research at laboratories in offshore keys near Guánica. Some of them escaped and swam to the mainland, where they have reproduced extensively, especially in the Lajas Valley area. Some reports mention a laboratory having been set up at the former Sabana Seca Naval Station, but this has not been confirmed. Both the Rhesus and the Patas are native of Africa and Asia.

The Rhesus Macaque also commonly known as Rhesus Monkey is a very social animal. In the wild, they live in multi-male, female groups, where the females are dominant. Typically, one female and one male are dominant over the group, but the female will outrank the male. Rank is inherited. Males have a tendency to fight among themselves, while females live very harmoniously with each other.

Rhesus Monkeys are active and very vocal. They are so intelligent that they have been shown to have knowledge of familial lineage, such as who is their grandmother, mother, sister, son, etc.

They are very communicative monkeys and use several different methods including facial expressions (such as the fear grimace, open mouth stares and lip smacking) scream calls and body postures (such as erect tail carriage which can display aggression or submission).

Rhesus Monkeys like a wide variety of foods. In the wild, they commonly eat fruits, berries, leaves, flowers, grains, ground herbs, grass, algae and insects. They are also known to raid human areas, such as gardens, crops and garbage for food.

They measure anywhere from 1.54 feet to 2.1 feet in length, with males being larger than females. The Rhesus Monkey has gray and brown hair covering most of his body.

No hair is present on the ears, face and buttocks. The buttocks are typically a reddish color. All Macaques have food pouches inside their mouths, which they use to store food.

In India, they are considered sacred and they are not as endangered as they are in other areas. In fact, they live very closely with humans in India. In the wild, they prefer areas of open grasslands, mountain regions and dry woodlands. The Rhesus Monkey is relatively adaptable and is commonly seen living near humans. Their range is restricted in some areas by a limitation of food availability in their natural habitat.

Rodríguez named Youth of the Year

Mr. Alan T. Rodriguez, shown above receiving the recognition from Col. and Mrs. Ackman, has been selected as Fort Buchanan's Youth of the Year.

The program is sponsored by Reader's Digest Foundation and administered by Boys & Girls Clubs of America (B&GCA), the national program recognizes superior leadership skills, academic achievement, obstacles overcome and outstanding service to Boys & Girls Clubs and the community.

Youth meeting the criteria compete against other Boys & Girls Club youth for the Fort Buchanan, Youth of the Year title. A selection process in Puerto Rico will be performed to select a Puerto Rico Representative (on or about the 12th of May 05). The Puerto Rico Youth of the Year Representative will then compete for one of the five regional positions (in this case North East).

Once winners are selected, they will then compete for the national honor in Washington, D.C., where the President will install the National Youth of the Year officially in a White House ceremony in September.

The Boys & Girls Club has played an integral role in the CYS Program on Fort Buchanan for several years. The School Age Services (SAS), Middle School Program (MSP), and Teen Center are all affiliate members of the B&GCA.

For more information about the Club, please call 787 707 3787/3432 or 787 707 KIDS.

Commissary customers supportive of ban on double bagging

On Earth Day April 22 "Just Say No" buttons on cashiers and awareness posters in commissaries were the décor of the day. The principal aim was to control rising grocery bag costs by reducing double bagging in commissaries worldwide, and to encourage a switch from plastic to paper in U.S. commissaries, but the environmental approach is a great side benefit.

"We've heard from our customers and they've been supportive," said Patrick B. Nixon, acting director and chief executive officer of the Defense Commissary Agency. "Several have suggested we offer a discount for bringing in bags. As providers of a valuable military benefit, we sell groceries at cost, so we can't offer discounts for returned bags. But we certainly do encourage customers to help us control costs – and think about the environment at the same time."

"I never realized how much of a benefit the commissary is until I moved to a high-cost area," said Capt. Joseph J. Malizia, Aberdeen Proving Ground, Md. "From now on when I go to my commissary I will support the effort by asking for paper bags."

Customers also suggest bringing bags back to the commissary to reuse, or buying canvas or mesh bags that can be used over and over again. "Yes, I would bring in bags to be used again for myself," said Air National Guard Chief Master Sgt. Steve Logue, McConnell Air Force Base, Kan. "I believe people would help, and want to help, if they understand why."

"The use of canvas totes is another means of reducing costs," said Nancy Little, a Langley Air Force Base commissary shopper. "The commissary sells perfect-sized totes for around $5 and we find they are stronger and more durable, and double bagging is not an issue. We feel that we are not only helping cut costs but also doing something good for the environment."

"When I put a display of canvas bags up front customer comments were positive and three of the bags were purchased before I even finished getting the rack up!" said Sam Tresenriter, store director at Offutt Air Force Base, Neb., commissary. Commissaries will soon be stocking another reusable grocery tote in mesh.

Customers may bring paper or plastic bags back to the commissary to use for their own grocery order, but commissaries are not able to recycle bags for anyone other than the original user due to health concerns. Baggers may also refuse to use recycled bags if they appear to be damaged or contaminated.

The Defense Commissary Agency operates a worldwide chain of nearly 275 commissaries providing groceries to military personnel, retirees and their families in a safe and secure shopping environment. Authorized patrons purchase items at cost plus a 5-percent surcharge, which covers the costs of building new commissaries and modernizing existing ones. Shoppers save an average of more than 30 percent on their purchases compared to commercial prices – savings worth about $2,700 annually for a family of four.

INFOTAB

Myths and truths about alcohol

The candles are blown out; some young adults go to a bar, drink, get sick and pass out. They laugh about it the next day as their friends remind them of the unremembered events that took place the night before.

This distinct ritual is known as the "21st-birthday" bar tour—and what most would not classify as responsible drinking. This scenario however brings to mind the age old question, just what is "Responsible Drinking?" Well, in order to try and define it, one must take a variety of factors into account.

Alcohol-What You Should Know

Moderate drinking is defined by the U.S. Department of Health and Human Services as drinking as no more than one drink a day for most women, and no more than two drinks (units) a day for most men. In appropriate circumstances, moderate drinking presents little or no harm to the drinker. A standard drink is generally considered to be 12 ounces of beer, 5 ounces of wine, or 1.5 ounces of 80-proof distilled spirits.

Some studies suggest that moderate drinking may benefit cardiovascular health. According to the Center for the Advancement of Health, it is not the amount but the pattern of drinking that confers benefits. Moderate drinkers tend to consume a little every day, rather than having weekend binges.

Most people enjoy drinking and find it a sociable and relaxing thing to do; indeed in most situations it normally it leads to no harm. The harm seems to come when individuals are unaware of alcohol's effects.

The Truth about Alcohol

Myth: Switching between beer, wine and spirits will lead to intoxication more quickly than sticking to one type of alcohol beverage.

Fact: The level of blood alcohol content (BAC) is what determines sobriety or intoxication. Remember that a standard drink of beer, wine, or spirits contain equivalent amounts of alcohol. Alcohol is alcohol and a drink is a drink.

Myth: People who can "hold their liquor" are to be envied.

Fact: People who can drink heavily without becoming intoxicated have more than likely developed a tolerance for alcohol, which can indicate the onset of dependency.

Myth: Drunkenness and alcoholism is the same thing.

Fact: Many non-alcoholics on occasion become intoxicated or drunk. However, if they are not addicted to alcohol, they are not alcoholic. Alcoholism, also known as alcohol dependence, is a medical disease. Alcoholism is a chronic, often progressive disease with symptoms that include a strong need to drink despite negative consequences, such as serious job, relationship, or health problems.

The Criminal Code

Even though alcohol affects each individual slightly differently in each situation, it is generally recommended that alcohol consumption be limited to one drink per hour, and after four hours, drinks should be spaced out even more.

You don't have to be drunk to be charged with drinking and driving: Blood Alcohol Content (BAC) is evaluated using a roadside test or a breathalyzer test and your BAC does not have to be over 0.08 (0.05 for Military) for you to be guilty of impaired driving: impairment is determined by police observations, such as the smell of alcohol on the driver's breath, erratic driving, lack of coordination, etc.

It is a crime to refuse to give a breath sample without a valid reason (and it is up to the judge-not the citizen-to determine the validity of the reason given).

If someone is convicted of a drinking and driving offense, the resulting expenses incurred is the responsibility individual that is convicted, not the insurance company (this includes any loss of income).

Editor's Note:
The author of this article is Mr.Ramon M. Maisonet who is the Program Assistant at the Fort Jackson Army Substance Abuse Program. Information about Alcoholism was obtained from the Text Revision of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV-TR).

If you have a question about substance abuse, please call 707-3125, or visit the Ft. Buchanan Army Substance Abuse Program (ASAP) at Bldg 1321 C (next to the Fire Department).

Hacienda El Limón, a Buchanan legacy

By Melissa Zayas
El Morro Staff

A part of Gen. James a Buchanan's history is still alive, though not quite well, in the municipality of Villalba. Hacienda El Limón, property of Buchanan's only daughter, Helen, until her death in 1980, now lies partially abandoned. In a joint effort, the municipality and Fort Buchanan are trying to rescue the property.

Hacienda El Limon was the property of Walter Mc Kowen Jones, co-founder and first major of Villalba. "McJones," as he is known there first lived in Ponce and later in Adjuntas. He moved to Villalba in 1904. There, he bought the hacienda located at Barrio Hato Puerco Arriba. He met Helen Buchanan in Ponce, where her father was director of customs. They married in 1916.

Their house in Villalba, "Hacienda el Limon" carries many stories. McJones and "Doña Elena" didn't have children. Well-known and loved philanthropists, they helped their servants and the people of Villalba. Their farm workers received the best wages in the area, and each year around Christmastime, McJones would share the profits with the workers. "This was certainly the first Christmas bonus in the island's history," said town historian Mr. Jorge Marrero Torres.

Because of McJones' involvement in local politics, his hacienda was visited frequently by well-known Puerto Rican leaders such as Don Luis Muñoz Marín. Their names were in a visitors sign-in registry that is now lost.

The hacienda has two stories and a basement. Most of the furniture pieces are the original ones that belonged to Dona Helena and McJones. Next to the stair case, the house has an elevator that still works -- allegedly the first staircase elevator installed on the island.

The stately facade of the main residence at El Limón. Photos by Joe Bonet, DOIM-VI

The library still has many the books that belonged to them. Photos and certificates on the walls connect the visitor with a distinguished past.

After the death of her husband in 1944 , Doña Elena used to live in the mainland during summer time. During winter she would return to Puerto Rico to stay for another six months. When she died in 1980, she left the hacienda to the family of Mr. Lilo Becerra, who had been the administrator of the property and her caretaker after McJones' death. The property still belongs to the Becerra family, but because of lack of resources, tax debts and lack of understanding of the historical value of the property, it has received poor upkeep. Some of the original furniture and belongings of the McJones' have been given away or are deteriorated or lost.

A photo of Helen Buchanan is still placed by the starirway leading to the second floor.

A wrought iron sign welcomes visitors to the Hacienda.

Love story

The ashes of McJones and Doña Helena rest in the Hacienda. They are located in a bronze bell among the huge roots of a Ceiba tree. The trunk of the Ceiba has been classified among the largest ones in America, and among the tallest.

This part of the "Hacienda" looks like a secret garden. Doña Helena built a sanctuary adjacent to the Ceiba, where she would go in the afternoons to go talk to her husband. The gate that encloses this garden was brought from Spain. The whole sanctuary has the atmosphere of a wonderful love story.

In the garden where McJones ashes are buried there is a gazebo. Inside, there is a quote that Dona Helen dedicated to him. The quote, lettered on marble, reads " If you can force your heart and nerve and sinew to serve your turn long after they are gone and so hold on when there is nothing in you except the will which says to them: 'Hold on!' Yours is the earth and everything that's in it, and which is more- you'll be a man, my son!" author unknown" This sentimental quote shows how Dona Helen felt for her husband. .

McJones built severalproperties in Villalba such as "Hotel el Toro Negro", now is a catholic School. McJones received various tributes.

Continued on the following page

El Limón ... from previous page

After his years as mayor of Villalba, he received a homage from the House of Representatives in the early 20s. He also travelled to Washington D.C to defend the rights of Puerto Rico. One of the Elementary Schools and a street are named after him.

McJones died January 10th 1944 at age 58. On May 4, 1962 , Dona Helena received a certificate presented by Fort Buchanan. She died in 1980.

At the Hacienda el Limón (clockwise, starting from bottom left): The antrance hallway still has most of the opriginal furniture; the starirway to the second floor still has the working starir elevator that mcJones installed for Doña Elena; the living room, with fioreplace, where many evevbnigs were spend in talks with well-known Puerto Rican personalities who visited often; the upside down bell that serves as an urn where Doña Elena placed the ashed of her husband, and where later her own ashes were placed.

Personal protective measures against terrorism

Any member of the Department of Defense — not just senior leaders — can become a target for terrorists. The purpose of this is to provide general guidance to DOD members and their families on how to avoid acts of terrorism, as well as to provide basic instructions in the event DOD personnel become victims of a terrorist attack.

Since terrorist acts are criminal acts, measures taken to protect oneself from terrorism are similar to those measures taken to guard against crime. Attitude toward security is most important. Although some of these precautions are applicable overseas, you can decrease your chances of becoming a terrorist target, as well as those of your family members, by taking the precautions listed in this document. Therefore, it is highly recommended that you share this information with every member of your family. It is also suggested that you and your family review these precautions on a regular basis.

At All Times:

• Encourage security awareness in your family and discuss what to do if there is a security threat.

• Be alert for surveillance attempts or suspicious persons or activities, and report them to the proper authorities. Trust your gut feelings.

• Vary personal routines whenever possible.

• Get into the habit of checking in to let your friends and family know where you are or when to expect you.

• Know how to use the local phone system. Always carry telephone change. Know the emergency numbers for local police, fire, ambulance, and hospital.

• Know the locations of civilian police, military police, government agencies, US Embassy, and other safe locations where you can find refuge or assistance.

• Avoid public disputes or confrontations. Report any trouble to the proper authorities.

• Know certain key phrases in the native language such as “I need a policeman,” “Take me to a doctor,” “Where is the hospital?,” and “Where is the police station?”

• Set up simple signal systems to alert family members or associates that there is a danger. Do not share this information with anyone not involved in your signal system.

• Carry identification showing your blood type and any special medical conditions. Keep a minimum of a one-week supply of essential medication on hand at all times.

• Keep a low profile. Shun publicity. Do not flash large sums of money.

• Do not unnecessarily divulge your home address, phone number, or family information.

• Watch for unexplained absences of local citizens as an early warning of possible terrorist actions.

• Keep your personal affairs in good order. Keep wills current, have powers of attorney drawn up, take measures to ensure family’s financial security, and develop a plan for family actions in the event you are taken hostage.

• Do not carry sensitive or potentially embarrassing items.

At Home:

• Have a clear view of approaches to your home.

• Install strong doors and locks.

• Change locks when you move in or when a key is lost.

• Install windows that do not allow easy access.

• Never leave house or trunk keys with your ignition key while your car is being serviced.

• Have adequate lighting outside your house.

• Create the appearance that the house is occupied by using timers to control lights and radios while you are away.

• Install one-way viewing devices in doors.

• Install intrusion detection alarms and smoke and fire alarms.

• Do not hide keys or give them to very young children.

• Never leave young children at home alone.

• Never admit strangers to your home without proper identification.

• Use off-street parking at your residence, if at all possible.

• Teach children how to call the police, and ensure that they know what to tell the police (e.g., name, address).

• Avoid living in residences that are located in isolated areas, on one-way streets, dead-end streets, or cul-de-sacs.

• Avoid residences that are on the ground floor, adjacent to vacant lots, or on steep hills.

• Carefully screen all potential domestic help.

• Do not place your name on exterior walls of residences.

• Do not answer the telephone with your name and rank.

• Personally destroy all envelopes and other items that reflect personal information.

• Close draperies during periods of darkness. Draperies should be opaque and made of heavy material.

• Avoid frequent exposure on balconies and in windows.

• Consider owning a dog to discourage intruders.

• Never accept unexpected package deliveries.

• Don’t let your trash become a source of information.

While Traveling:

• Vary times and routes.

• Be alert for suspicious-looking vehicles.

• Check for suspicious activity or objects around your car before getting into or out of it. Do not touch your vehicle until you have thoroughly checked it (look inside it, walk around it, and look under it).

• Equip your car with an inside hood latch and a locking gas cap.

• Drive with windows closed and doors locked.

• Travel with a group of people — there is safety in numbers.

• Travel on busy routes; avoid isolated and dangerous areas.

• Park your car off the street in a secure area.

Ten Commandments of preventing heat Injury

1. Provide adequate water and ensure water breaks are taken every 15 to 20 minutes. Do not exceed 11/2quarts per hour. Thirst is not an adequate indicator of dehydration. Alcohol, coffee, soft drinks, and sports drinks are not good substitutes for water. Do not use salt tablets!

2. Gradually adjust to working in the heat. Acclimatization is essential in preventing heat injuries.

3. Schedule work/rest periods. Schedule heavy work for the cooler part of the day (morning or late afternoon). The body generates more heat when heavy work is being performed. Consider scheduling periodic high-intensity training activities (such as the Expert Infantryman Badge (EIB) and Expert Field Medical Badge (EFMB) tests) during the early spring or late fall months to take advantage of the cooler weather.

4. Avoid overexertion. Use mechanical aids whenever possible. Assign tasks between several soldiers to reduce the stress on individuals.

5. Use shaded areas: trees, buildings, tents to reduce radiant heating. The temperature in the sun and under the canopy of a tree can vary from 8° to 20°F.

6. Encourage use of sun screens to protect exposed skin.

7. Wear loose-fitting, light-weight, light-colored clothing. Do not layer clothing; more clothing increases the risk of heat injury. Consider protective equipment-such as MOPP gear-when planning and scheduling activities.

8. Monitor WBGT so the heat-stress index can be evaluated. Environmental conditions, such as temperatures above 70°F (80OF at night), direct sunlight, humidity, and exposure to any toxic agents add to heat stress. The wind reduces the risk of heat stress by increasing the evaporation of sweat.

9. Train Soldiers to recognize and treat heat injuries and encourage them to monitor each other for signs of heat stress.

10. Conduct safety meetings to emphasize special heat spell procedures. Be prepared to provide medical assistance.

Someone's been naughty... or nice? Break the ICE!

Have you ever anted to recognize someone who offered you outstanding service ... or to complain about someone who has not?

Have you everfilled out comment cards and wondered what ever happened to them?

Have you written letters or made phone calls and never received an answer or feedback?

ICE is the solution! The Interactive Customer Evaluation, ICE, allows you to go online and rate the services you receive.

All you need to do is go to the Fort Buchanan website at www.buchanan.army.mil and click on the "ICE" icon. The user-friendly program will guide you. You can also log on to ICE through http://ice.disa.mil, click on Army CONUS, select Fort Buchanan, and start your evaluation.

Questions, concerns and suggestions that you enter WILL REACH the manager of that particular activity, and you WILL receive an answer in a short time.

Try it! Break the ICE!!

Classifieds:

TRANSPORTATION

-- BOAT FOR SALE: "34 Foot Crusader with a Detroit single screw. Used for dive, snorkel or fishing charters. Past USOG certification for 22 people. The boat is U.S. documented and the title is free and clear. Surveyed in December 2004 for $24,000.00. Must sell, leaving island. All offers considered. Call John at 787-431-1888 or e-mail: rockwaterx@hotmail.com"

HOMES

-- FOR RENT: 3 bedrooms/2 baths; 2 a/c, 6 fans; big master bedroom/walking closet; appliances; 24 hrs. security; pool, tennis/basket courts, gazebo/barbecues, playground for children; peaceful atmosphere, close to Mall, HIMA medical center, bakery, gas station, laundry, restaurants, theaters; direct access to Martínez Nadal avenue, 5 minutes to Buchanan. Call 787-602-9340 or 787-790-2045

-- Home in Miraflores, Bayamon, fully equipped, utilities includes. Also Studio apt, Miraflores, Bayamon, utilities included. Call 226-8715.

-- House in Costa Norte, Hatillo, gated community neighborhood next to beach, malls and major stores. 4BDR, 2.5 bath, 17X16 family room plus study, living, and dinning room, open terrace, fully equipped kitchen with European style cabinets, 3 A/C split units, community swimming pool, tennis court, etc. Call 559-4958.

Blood drive

A blood drive will be held Thursday, May 5, from 8:30 a.m. to 3:30 p.m. at the Fort Buchanan Fitness Center.

The activity is on behalf of Adriana López, an eight year old leukemia patient. Adriana is the niece of DeCA employee Héctor López.

Let's be generous and show our solidarity with a co-worker.

Access to Fort Buchanan

Currently, Fort Buchanan is on Force Protection Condition (FPCON) Alpha.

Access policy allows all Federal ID card holders to have access to Fort Buchanan's MWR facilities, while all other occupants in the vehicle must provide a photo ID. On weekends, non-affiliated personnel may enter post without a sponsor, but they must first sign in at the Visitor Control Center located at the PX Gate. The PX Gate is open 24-hours a day. The Golf Course Gate is open from 0500 – 2145 daily (but closed on all federal holidays), and only allows DOD sticker or temporary passes entrance.

Heat Injury is a concern year round here. Leadership education and proper supervision on heat injury prevention measures are the key elements in risk management of heat casualties. A Web Bulb Globe Temperature (WBGT) monitoring system is located at the MP Station. For WBGT information, simply call the Military Police desk at 3337 and they will provide you the WBGT Index (index of heat and humidity). This is the number that you use to determine the Heat Index and the appropriate risk category and work / rest cycles. Our staff is ready and able to provide Commanders and their leadership training on the prevention of Heat Injuries. For additional information on Heat Injury Prevention refer to the RAHC Preventive Medicine / Industrial Hygiene section at 2577.

Drivers license test

The driver's license written test will be offered May 5 at 9:30 a.m. at Bldg # 511. Candidates need to bring $11 for stamps (Hacienda will be there), 3 2x2 pictures, birth certificate and Social Security card (original and copy) or passport (original and copy) if they are over 18 years old. Under 18 follow same rules but need the parent with an ID to be there. They also need the application completed and the medical portion filled out by qualified medical personnel. Candidates do not have to be on a list; anybody can show up.

Attention all parents!

The Installation Legal Office and the Provost Marshal's Office are offering a special symposium for parents on ***What You Can Do to Protect Your Child.*** The activity will take place Thursday, May 5, at the Community Club. Topics include; relating wiht strangers, chat rooms, the Amber Alert and other subjects to help you train your children to protect themselves.

Must read!

The Installation Legal Office remins every Soldier and DA Civilian that by June 30, 2005 they must have read (and absorbed) (a) The Federal Oath of Office (5 USC 3331); (b) the Army Statutory Requeriments for Exemplary Conduct (10USC 3583) and (c) the Principles of Ethical Conduct (EO 12731)

Child and Youth Services Youth Technology Labs

Youth Technology or "Computer Labs" reside in the School Age Services (SAS), Middle School (MSP), and Teen Center Programs. The Computer Labs are available to youth who are registered and eligible for the CYS programs.

The YTLs now offer internet research capabilities and an expanding resource of educational and tutorial software. Homework" can be accomplished at a "home away from home," your local youth center.

Relocation Readiness programs

DO IT YOUR SELF SPA CLASS – 5 May 2005 – 1000 – 1200 Learn self stress reduction, at a low cost in the privacy of your home. ACS conference room, bldg. 1019-D Buchanan Heights.

BACELONETA OUTLETS SHOPPING TRIP – 6 May 2005 – 0800 – 1330. As an appreciation to our Military Spouses on their day, shopping trip. Depart from Welcome Center Bldg. 152.

FARMERS' MARKET TRIP –12 May 0830 – 1230 via public transportation. Fresh produce, specialty and bargain shop to visit. Tour is free—Cost of bus is 50 cents round trip. Meet at golf course and walk to bus station outside front gate.

RETURNING STATESIDE SMOOTH MOVE – 19 May 2005, 1400 - 1500 @ ACS Bldg. 1019. When you arrived in Puerto Rico, you may have experienced some "culture shock" the first few months. Since then you have adjusted, but now you are returning to the States, whether to "go back home" or start a new tour. You may again experience some cultural changes. This orientation will not only help you prepare for "REVERSE CULTURAL SHOCK", but it will provide you with detailed information that can assure you a smooth move.

NEWCOMERS' INFORMATION FAIR AND TOUR 26 May – 0730- 1400 @ Community Club. An introduction to the installations' activities will be from 0730 – 0830. Bus departs the Community Club at 0840 for a tour of El Morro and Old San Juan. Returns to the club at approximately 1:30 p.m.. Tour is free except for the cost of lunch. Free Childcare available on a space available basis.

Tune in

For information on what's going on DoD-wise, tune in to our American Forces Network (AFN) radio stations at 540 AM and 39.1 FM

SCHEDULED EVENTS FOR THE MONTH OF MAY 2005

Army One Source Can Help You Strengthen Relationships During Deployment And Separation

SIX IN-PERSON COUNSELING SESSIONS
Counselors are available for you to visit in person, in your community. You have access to up to six (6) in-person counseling sessions with a licensed counselor at NO COST TO YOU and Army One Source takes care of all the paperwork. Call 1-800-464-8102 and ask for a referral.

- Caring for you and your family
- Managing your everyday life
- Available anytime, anywhere
- Your privacy is assured
- No cost to you

Army One Source is brought to you by the U.S. Army, at no cost to you. And best of all, it's here for you at any time of the day, wherever you are. So get in touch with us today. We have consultants who speak Spanish and we can offer simultaneous translation into more than 150 other languages. TTY/TDD and accessibility Web site also available.

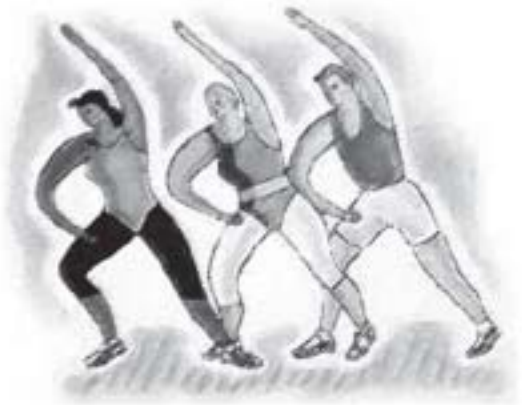
Counselors are only available in the U.S. and Puerto Rico. All you have to do is make the call to Army One Source today.

From the United States: 1-800-464-8107
From Germany, Italy or Netherlands call:
00-800-464-81077
From Japan:
ITJ: 0041-800-464-81077
IDC: 0061-800-464-81077
KDD: 001-800-464-81077
NTT: 0033-800-464-81077
From South Korea:
From a DSN line dial: 550-Army (2769)
KT: 001-800-4648-1077
DARCOM: 002-800-4648-1077
Or call collect from outside the US:
484-530-5889

Army One Source is brought to you by the U.S. Army, at no cost to you. And best of all, it's here for you—any time of day, wherever you are. So get in touch with us today. We have consultants who speak Spanish and offer simultaneous translation into more than 150 other languages. TTY/TDD and accessibility Web site also available.

Online: ***www.armyonesource.com***
User ID: army Password: onesource
En español, llame al 1-888-375-5971
TTY/TTD: 1-800-346-9188
In Fort Buchanan contact Ms. Wilda Diaz, FAP Mgr. at 787-707-3709 for details.

• • SPORTS & FITNESS • •



Interval Training
STEP & TONE
1.5 hour class

9 May 2005 • 5:30 pm

This event will combine interval training with steps & tone movements.

~***Xtreme Mother's Day 2 Hours Class***
• Thu, May 12 • 4:30 pm. Free!!!
For details call the Fitness Center at 787-707-3767, or MWR Sports Office at 787-707-3277.

• • FORT BUCHANAN POST LIBRARY • •

~***Story Time: Flowers*** • Wed, May 11 • 3 pm
~***Story Time: Puppets*** • Wed, May 25 • 3 pm
Parents must stay in the library during the activity. For more details call Post Library at 787-707-3208.

• • RELOCATION READINESS PROGRAM • •

~***Do It Yourself Spa Class*** • Thu, May 5 • 10 am - 12 noon at ACS conference room, Bldg. 1019-D. Learn self stress reduction at a low cost , in the privacy of your home. Call for reservation, limited spaces.
~***Military Spouse Day*** • Fri, May 6 • 8:30 am to 1:30 pm (approx). Join us in a trip to Barceloneta Outlet Mall. Departing from the Welcome Center, Bldg. 152. Reserve.
~***Trip to Farmer's Market*** • Thu, May 12 • 8:30 am to 12:30 pm. Fresh produce, specialty and bargain shops to visit. Meet at the Golf Club and walk to the bus station outside the Golf gate. Can't miss this cultural experience! Reserve.
~***Newcomer's Info Fair*** • Thu, May 26 • 7:30 am - 1:30 pm (approx) at Fort Buchanan Community Club. Introduction to the installation's activities from 7:30 - 8:30 am followed by a tour to Old San Juan. Departing from the Community Club at 8:40 am. Tour is free except for the cost of lunch. Call Ms. Lucca, Relocation Mgr. for more details at 787-707-3682.

• • COMMUNITY RECREATION DIVISION • •

community YARD *sale*

~***Yard Sale*** • Sat, May 7 • 8 am - 2 pm at the Community Club parking area. Sales floor open to all Fort Buchanan Community. Vendors must live in Government Quarters or Personnel with Transportation Agreement. To reserve a space call Ms. Soto at 787-707-3778, or visit CRD Admin Office at Bldg. 1018-C, Buchanan Heights.

• • COMMUNITY CLUB • •

The Fort Buchanan Community Club *invites you to treat that special person on...*

Mother's Day Buffet

Sunday, 8 May
11 am - 3 pm

Featuring Live Entertainment
12 noon - 3 pm

A Delicious Buffet, Including Assorted Salad & Dessert Bar
served from 11 am - 1:30 pm at the Club's main Ballroom

$16.95 *per person*

For details call 787-707-3535, x-200 or 201

• • *THANK YOU TO OUR SPONSORS!* • •

Gatorade* for sponsoring **Combo Indoor Cycling Running Class** and the **Spin and Tone Class** at the Fitness Center. ***APRIL***: Month of the Military Child Sponsors - **Frito Lay, Sierra Cazorla, Kellogg's, Caribbean Produce, Pepsi, Tres Monjitas, Caribbean Snacks, M&M's, Flanes Cedó, Gatorade, Fort Buchanan Federal Credit Union, Rovira Biscuits & Eric's Products, Jose Santiago Inc., and Holsum.** On behalf of our community thanks for all your support! **The U.S. Army does not officially endorse sponsors.*

ARMED FORCES DAY CELEBRATION

Preserving Freedom for the Future... Thank you to our Armed Forces

ARMED FORCES DAY CELEBRATION • 2 MILE RUN

Friday, 20 May 2005

Fort Buchanan Pee Wee Field • Runners report at 6 am
Run starts at 7 am • Best Military Unit & Civilian Awards.
• Participation award for every unit. • After the run, each participant will get a commemorative T-shirt.
For more information call CRD at 787-707-3301/3778

Sponsored by COORS LIGHT. The U.S. Army does not officially endorse sponsors. Use a designated driver. Do not drink & drive.

RAQUETBALL TOURNAMENT

Registration Deadline:
10 May • COB
Fee: Active Duty $8
Ohers $12
Tournament: 14 & 15 May
• Starting at 9 am
Game format depends on participation
Categories: Open B&C (Male and Female)

WHEELCHAIR BASKETBALL CHALLENGE

Paralized Veterans vs. Actve Duty Soldiers
Fri, 20 May • 5 pm
at Fort Buchanan Fitness Center, Bldg. 167

FLAG FOOTBALL

Army vs. Coast Guard
Fri, 20 May • 7 pm
at Fort Buchanan Maxie Williams Field

Form more info. call Sports Office at 787-707-3277.

3 - 10 pm • Fort Buchanan Community Club parking area

FREE ADMISSION • Live Entertainment!

DoD Show
Elvis Presley Impersonation Show
Merengue / Salsa Live Bands
Children Games
Concessions
Amusement Machines
Fireworks 8 - 8:30 pm

Sponsored by: Adelphia, Fort Buchanan Federal Credit Union, Banco Popular de PR, Frito Lay, First Command, Sprint, & Coors Light

Change of Location for Armed Forces Day

Armed Forces Day Celebration scheduled for Saturday, May 21 at the Fort Buchanan Community Club parking area (as advertised at the Fort Buchanan MWR Leisure Guide) has been relocated.
It will take place at the Roberto Clemente Coliseum. Everyone is invited!